

ANTI-SOCIAL  
 Grief  
 Manic  
 Therapy  
 Medication  
 Expression  
 Restless  
 DOCTOR  
 MENTAL  
 Health  
 Hopeless  
 Mood  
 Emotion  
 Behavior  
 Gloominess  
 Sadness  
 Excessive sleeping  
 Ashamed  
 Sorrow  
 Melancholy  
 Despondency  
 ANXIOUS  
 Disorder  
 Suicide  
 HELPLESS  
 Worthless  
 IRRITABLE  
 Despair  
 Misery  
 Crying  
 Insomnia  
 Depression

**FREE**

## Lunch & Learn

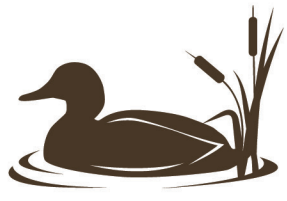
Depression: Recognize the symptoms and learn coping strategies



Presented by  
 Dr. Tracy S. Loper, MD with  
 OU Medicine

**Tuesday February 25th at 11:30-1:00pm**  
 RSVP to 405-433-7823 by February 23rd  
 Limited seating available  
 Lunch will be served

2100 NE140th Street  
 Edmond, OK 73013



**TEALRIDGE**  
 RETIREMENT COMMUNITY

Independent Living | Assisted Living | Memory Care