



- Free Admission
- Flu shot clinics
- Blood pressure checks
- Vision and hearing screenings
- Massage therapy
- Free yoga classes at 11am and 2pm
- Live presentations from health professionals
- Food trucks
- Free give-aways

Harvest For Health Brookdale Senior Health Fair

When:
October 15th, 2019
8:00am-4:00pm

Location:
Coffee Creek Church
1650 Coffee Creek Rd
Edmond, OK 73025



Enriching the lives of those we serve with compassion, respect, excellence, and integrity.

Sponsored by Brookdale Home Health

Please join us for this health and wellness event that is free to the public! Over 20 vendors will be on site to offer flu shot clinics, blood pressure checks, hearing screenings, massage, and much more!

We will have presenters throughout the day from health care specialists to educate on healthy living as well as 2 free yoga demonstrations provided by certified yoga instructors from Mitch Park YMCA.

So plan on reaping the harvest of health this fall at the Brookdale Home Health senior health fair located at Coffee Creek Church in Edmond!

Call (405)341-4361 for more information or send an email to heather.park@brookdale.com

Participating Vendors:

- Brookdale Home Health
- Brookdale Senior Living
- Okiewellness by Vasayo
- Mitch Park YMCA and Silver Sneakers *FREE Yoga classes at 11am & 2pm!
- Laura Lynn's Private Duty
- Life Share of Oklahoma
- Alzheimer's Association
- J & M Drug
- Life Pharmacy
- Here For You Private Duty
- Best Feet Forward
- VRI Medical Alert
- Synergy Home Care
- Purview Life
- Oklahoma Assisted Living Association
- OU School of Audiology
- ...and many more!

