

# SAVVY CAREGIVER SERIES

PROFESSIONAL-LEVEL TRAINING FOR THE NON-PROFESSIONAL



## A caregiver education program by the Alzheimer's Association

This "best practices" course in caregiving techniques provides clinical-level training for family caregivers. Join us for this series and walk away with: knowledge of how dementia affects thinking skills; effective ways to respond to changes in behavior; skills to choose appropriate activities & minimize confusion; methods to make a positive impact through support and a structured environment at each stage; skills to reduce stress & take care of yourself; confidence to set and alter caregiving goals; and strategies to manage activities of daily living.

**DATE:**

**TIME:**

**LOCATION:**

**ADMISSION IS FREE, BUT SPACE IS LIMITED**