

FOR YOUTH DEVELOPMENT® FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY

# **Healthy Senior Day**

### **AT MITCH PARK YMCA**

FREE \* OPEN TO ALL \* FOR YOUR HEALTH AND WELL-BEING

Healthy Senior Day is a free community event designed to provide Active Aging Adults 50+ the educational and physical opportunities that can help them live with greater health and happiness. At the YMCA we believe in building overall healthy lifestyles in spirit, mind, and body.

### TUESDAY, OCTOBER 9TH

Join us at Mitch Park! We will begin with a short community walk around the Mitch Park Trails at 9:00am. Community agency booths open at 9:30am and class demonstrations will start at 9:30am and run until 2:00pm.

Please register at the Membership desk at either Edmond YMCAs.

- Community Walk starting at 9:00am. Mitch Park trail (weather permitting)
- Fitness Class Demonstrations:
- Social opportunities
- Community agencies
- Assessments by YMCA Personal Trainers
- Food and beverages provided.

#### FOR ADDITIONAL INFORMATION CONTACT:

Charles Butler - Health and Wellness Coordinator Phone: (405)290 5074 or (405)330 4016 Email: cbutler@ymcaokc.org or llove@ymcaokc.org



#### MITCH PARK YMCA

2901 Marilyn Williams Drive, Edmond OK 73003 73034 P 405 330 4016 F 405 330 4693 <u>www.ymcaokc.org</u> RANKIN YMCA 1220 S. Rankin St. Edmond, OK



### VENDOR REGISTRATION FORM

### DATE of EVENT: TUESDAY, OCTOBER 9, 2018

#### LOCATION: MITCH PARK YMCA ADDRESS: 2901 MARILYN WILLIAMS DR. EDMOND, OK 73003

Thank you in advance for participating in our 3rd annual Healthy Senior Day.

Name:

Address:\_\_\_\_\_

Phone:

Email:

Contact person:

Please let us know if you have a door prize to donate:

### **Sponsorship Levels**

See Sponsorship level page for details



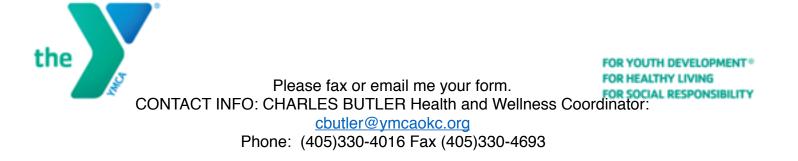
Gold Level \$50.00

Silver Level \$25.00

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## 2018 Healthy Senior Day At Mitch Park YMCA

### Sponsorship Opportunities

### Gold Level Sponsorship: \$50.00

- Company Name and Logo on Sponsor banner
- Company Name and Logo on Canvas Bag
- Event Program
- Table and 2 Chairs

### Silver Level Sponsorships: \$25.00

- Event Program
- Table and 2 Chairs

### **Deadline Requirements**

- Sponsor registration forms must be in by September 19<sup>th</sup>, 2018
- All logos must be submitted with registration form by September 19<sup>th</sup>, 2018. Logos must be in a vector file either in .ai or .eps form.
- For more information contact Charles Butler or Lori Love – <u>cbutler@ymcaokc.org</u> and <u>llove@ymcaokc.org</u>.