



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Healthy Senior Day

AT MITCH PARK YMCA

FREE * OPEN TO ALL * FOR YOUR HEALTH AND WELL-BEING

Healthy Senior Day is a free community event designed to provide Active Aging Adults 50+ the educational and physical opportunities that can help them live with greater health and happiness. At the YMCA we believe in building overall healthy lifestyles in spirit, mind, and body.

TUESDAY, OCTOBER 9TH

Join us at Mitch Park! We will begin with a short community walk around the Mitch Park Trails at 9:00am. Community agency booths open at 9:30am and class demonstrations will start at 9:30am and run until 2:00pm.

Please register at the Membership desk at either Edmond YMCAs.

- **Community Walk starting at 9:00am. Mitch Park trail (weather permitting)**
- **Fitness Class Demonstrations:**
- **Social opportunities**
- **Community agencies**
- **Assessments by YMCA Personal Trainers**
- **Food and beverages provided.**



FOR ADDITIONAL INFORMATION CONTACT:

Charles Butler - Health and Wellness Coordinator

Phone: (405)290 5074 or (405)330 4016

Email: cbutler@ymcaokc.org or llove@ymcaokc.org

MITCH PARK YMCA

2901 Marilyn Williams Drive, Edmond OK 73003
73034

P 405 330 4016 F 405 330 4693 www.ymcaokc.org

RANKIN YMCA

1220 S. Rankin St. Edmond, OK

P 405 348-9622



EDMOND YMCAS HEALTHY SENIOR DAY

FOR HEALTH DEVELOPMENT®
OR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

VENDOR REGISTRATION FORM

DATE of EVENT: TUESDAY, OCTOBER 9, 2018

LOCATION: MITCH PARK YMCA

ADDRESS: 2901 MARILYN WILLIAMS DR. EDMOND, OK 73003

Thank you in advance for participating in our 3rd annual [Healthy Senior Day](#).

Name:

Address:

Phone:

Email:

Contact person:

Please let us know if you have a door prize to donate: _____

Sponsorship Levels

See Sponsorship level page for details

Gold Level \$50.00

Silver Level \$25.00

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Please fax or email me your form.
CONTACT INFO: CHARLES BUTLER Health and Wellness Coordinator:
cbutler@ymcaokc.org
Phone: (405)330-4016 Fax (405)330-4693

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Sponsorship Opportunities

Gold Level Sponsorship: \$50.00

- Company Name and Logo on Sponsor banner
- Company Name and Logo on Canvas Bag
- Event Program
- Table and 2 Chairs



Silver Level Sponsorships: \$ 25.00

- Event Program
- Table and 2 Chairs



Deadline Requirements

- Sponsor registration forms must be in by September 19th , 2018
- All logos must be submitted with registration form by September 19th , 2018. Logos must be in a vector file either in .ai or .eps form.
- For more information contact Charles Butler or Lori Love – cbutler@ymcaokc.org and llove@ymcaokc.org.

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